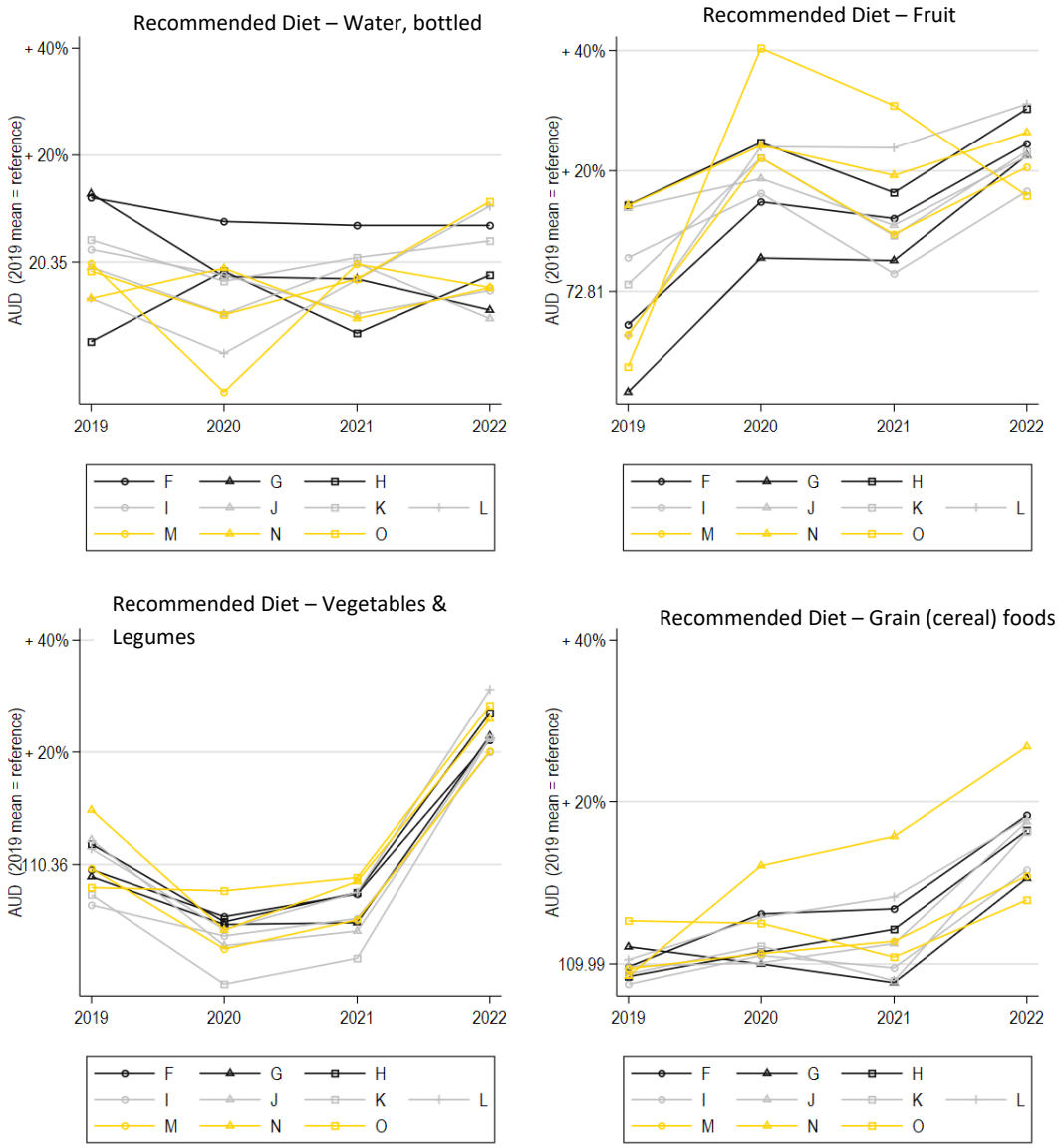
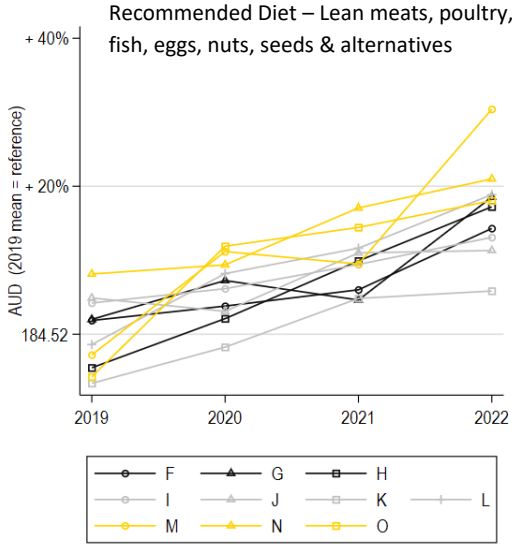
Supplementary Figure S1: Total recommended diet and food group costs in all 10 locations (F to O) from 2019 to 2022

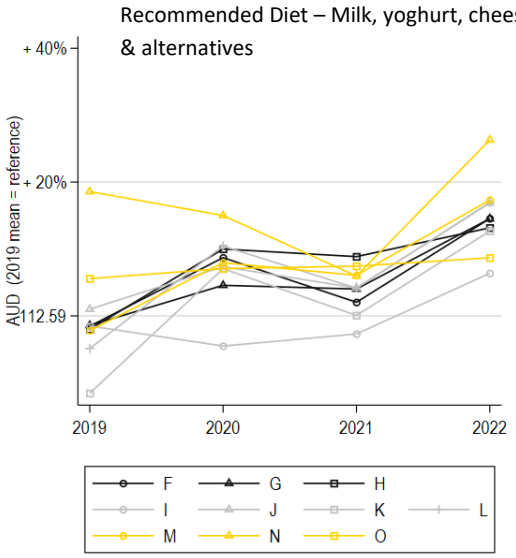
Note: Locations F, G, and H were defined as SEIFA Quintile 1 (most disadvantaged) by the Australian Bureau of Statistics, locations I, J, K, and L were defined as SEIFA Quintile 3 (median disadvantaged), and locations M, N, and O were defined as SEIFA Quintile 5 (least disadvantaged).



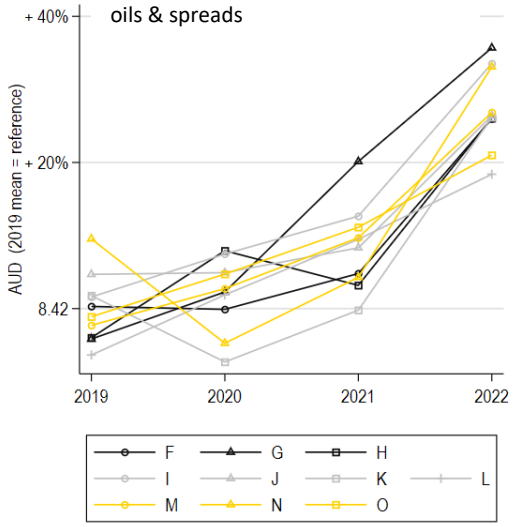
Recommended Diet – Lean meats, poultry, fish, eggs, nuts, seeds & alternatives



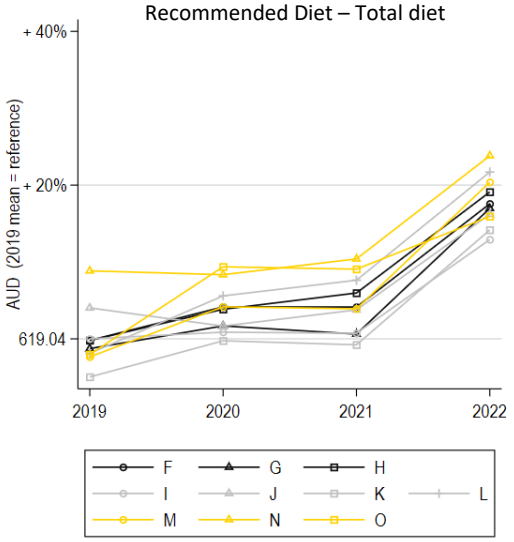
Recommended Diet – Milk, yoghurt, cheese & alternatives



Recommended Diet – Unsaturated oils & spreads



Recommended Diet – Total diet



Recommended Diet – Total fruits & vegetables

